

May 29, 2022

## Discovery Questions – Time of Lament and Prayer

Instructions: A life group is a spiritual family. It is a time of mutual discussion, invitation, and growth together alongside the Holy Spirit. It's good to begin with prayer and 1-2 ice breaker questions to prime the pump and get to know one another. Then, after reading the Scriptures, **pick the questions that are of most interest to your group**. Make sure to conclude with a couple of application questions to live out our mission together. Finish with some time to care for one another and pray together.

### **Opening Question (pick 1-2 questions)**

1. What affect have recent events had on you? (Killings of elementary children in Uvalde, SBC report, War in Ukraine, etc.). Explain.
2. Do you struggle with doubt or feeling distant from God? How do you deal with it?
3. What is a challenge you are facing right now?
4. What is one thought or idea from Sunday's message that especially intrigued, provoked, disturbed, challenged, encouraged, warmed, warned, helped, or surprised you?

### **Read and discuss Psalm 22:1-5, 19-28**

1. Have someone summarize this passage in their own words.
2. What stands out in this passage?
3. Notice the writer vacillates between his experience of feeling alone and out of control with his confidence that God is present and in control?
  1. Why do you think the author does this?
  2. How can affirming truths about God help when God feels distant or you feel out of control?
4. What do you learn about God in this passage?
5. If we are to pray for and live out God's kingdom-ways, what are we praying for and living out? In other words, what does God want the world to be like? (see Lk 4:18-19, Lk 7:20-23, Isa 2:2-4)
6. If God is all-powerful and all-loving, why do you think the world is in such bad shape? When will it change?

### **Application**

1. What are some words you would use to describe your time in prayer? What are some other words you would like to describe your time in prayer?
2. How can you specifically live out this passage in the next few days? (Have each person create an 'I Will...' statement)
3. How can you bless someone else as a result of this Scripture and discussion?
4. How can our group bless someone in response to this Scripture and discussion?

### **Pray Together**