



## Discussion Questions – Submit to One Another

### *Ephesians 5:21 and 1 Corinthians 7:4*

Instructions: A life group is a spiritual family. It is a time of mutual discussion, invitation, and growth together alongside the Holy Spirit. It's good to begin with prayer and 1-2 ice breaker questions to prime the pump and get to know one another. Then, after reading the Scriptures, **pick the questions that are of most interest to your group**. Make sure to conclude with a couple of application questions to live out our mission together. Finish with some time to care for one another and pray together.

#### **Ice Breaker Question (pick 1-2 questions)**

1. How would you describe the happiest couple you know? What about their relationship stands out to you?
2. What is a challenge you are facing right now?
3. What is one thought or idea from Sunday's message that especially intrigued, provoked, disturbed, challenged, encouraged, warmed, warned, helped, or surprised you?

**Note:** Ch.7 deals with too many issues to discuss in one life group meeting. Therefore, the emphasis for today's discussion is vs.4 and Paul's further explanation in his letter to the Ephesians.

#### **Read and discuss 1 Corinthians 7:4 and Ephesians 5:21**

1. Have someone summarize these two verses in their own words.
2. Talk about your first reaction to Paul's instruction to "yield authority" and "submit to one another"?
3. In your opinion, what does "yielding authority" and "submitting to one another" look like?
4. Read Ephesians 5:21 and 5:25. What is the motivation for mutual submission?
5. Is there any significance to Paul instructing each person to willingly submit themselves rather than demanding submission by the other person?
6. Pastor Don (quoting Andy Stanley) said that Jesus' design for a marriage is a "submission competition." Have you ever seen this lived out in a relationship? Has it ever been true in your own relationship?
7. What do you learn about people in this passage?
8. What do you learn about God in this passage?

#### **Application**

1. How can you specifically live out this passage in the next few days? (Each person create an 'I Will' statement)
2. Is there someone in your life that you need to reconcile with? What are your first steps?
3. How can you bless someone else as a result of this Scripture and discussion?
4. How can our group bless someone in response to this passage?

#### **Pray Together**