



Discussion Questions – Lament

Psalm 51

Instructions: A life group is a spiritual family. It is a time of mutual discussion, invitation, and growth together alongside the Holy Spirit. It's good to begin with prayer and 1-2 ice breaker questions to prime the pump and get to know one another. Then, after reading the Scriptures, **pick the questions that are of most interest to your group**. Make sure to conclude with a couple of application questions to live out our mission together. Finish with some time to care for one another and pray together.

Ice Breaker Question (pick 1-2 questions)

1. Have you used the Lenten prayer card (avalonchurch.org/easter)? Has God been speaking anything to you?
2. What do you think it means to Lament? What is your experience with Lament?
3. What is a challenge you are facing right now?
4. What is one thought or idea from Sunday's message that especially intrigued, provoked, disturbed, challenged, encouraged, warmed, warned, helped, or surprised you?

Read and discuss Psalm 51:1-12, 16-17

1. Have someone summarize this passage in their own words.
2. What do you learn about God in this passage?
3. What do you learn about people in this passage?
4. What does this prayer teach about our relationship with God?
5. Why do you think God does NOT want sacrifice? (vs.16)
6. What does God desire instead of sacrifice (vs.17)? What does that look like in your own words?

Application

1. How can you specifically live out this passage in the next few days? (Each person create an 'I Will' statement)
2. Will you join the church in utilizing the Lenten Prayer Guide? (avalonchurch.org/easter)?
3. How can you bless someone else as a result of this Scripture and discussion?
4. How can our group bless someone in response to this Scripture and discussion?

Pray Together